



May 2021



Volunteers—Remember to take meal temperatures daily



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Albondigas w/ Potatoes & Carrots Corn Tortilla Zucchini Harvard Beets Orange Milk	Italian Noodle Casserole (Whole Wheat Pasta) Broccoli Tuscany Blend Vegetables Apricot Halves Milk	Fresh Local Fish Veracruz Style Corn Tortilla Brussel Sprouts Carrot Salad Banana Milk	Hamburger w/ Fixin's Whole Wheat Hamburger Bun Corn Homemade Cole Slaw Peaches Milk	Chicken Ranch Salad, Croutons Pickled Beets Green Salad Local Strawberries Milk
10	11	12	13	14
Chili Beans w/ Meat Wheat Crackers Winter Blend Vegetables Summer Squash Sliced Pears Milk	Omelets w/ Cheese Bran Muffin Baked Potatoes Stewed Tomatoes Mandarins And Pineapple Milk	Fresh Local Fish w/ Mushrooms Macaroni w/ Cheese Parslied Carrots Homemade Cole Slaw Fresh Apple Milk	Chicken Patty Parmesan Whole Wheat Pasta Cauliflower Romaine Salad Fruit Cocktail Milk	Black Eyed Pea Salad & Hard Cooked Egg Wheat Crackers Homemade Carrot Salad Corn Salad Local Strawberries Milk
17	18	19	20	21
Hungarian Goulash (Pasta) Green Beans Mixed Peas & Carrots Sliced Peaches Milk	Chicken Enchilada w/ Red Sauce (Tortillas) Pinto Beans Broccoli Apricot Halves Milk	Happy Birthday! Fresh Local Fish w/ Verde Sauce Herbed Whole Wheat Pasta CA Blend Vegetables Romaine Salad Orange, Birthday Muffin Milk	Sweet & Sour Meatballs Brown Rice Oriental Blend Vegetables Homemade Cole Slaw Sliced Pears Milk	Hawaiian Chicken Salad Whole Wheat Bread Broccoli Slaw Pea Salad Local Strawberries Milk
24	25	26	27	28
Cheese Ravioli, Meat & Marinara Sauce (Pasta) Cooked Seasoned Spinach 3 Bean Salad Pineapple Tidbits Milk	Turkey Pieces w/ Gravy Stuffing Cauliflower Homemade Carrot Salad Applesauce Milk	Fresh Local Fish w/ Herbs Slice of Whole Wheat Bread Sweet Potatoes CA Blend Vegetables Fruit Cocktail Milk	Chicken Stew Graham Crackers Scandinavian Blend Vegetables Homemade Cole Slaw Banana Milk	Beef Taco Salad Tostada Corn Salad Pickled Beets Local Strawberries Milk
31	June 1	June 2	June 3	June 4
Closed for Memorial Day!	Pork Rib Patty w/ BBQ Sauce Oatmeal Cookies Sweet Potatoes Brussel Sprouts Fresh Apple Milk	Spaghetti w/ Meatballs & Marinara (Whole Wheat Pasta) Broccoli 3-Bean Salad Apricot Halves Milk	Chicken Enchilada w/ White Sauce (Tortilla) Black Beans Homemade Cole Slaw Peaches Milk	Tuna & Macaroni Salad (Pasta) Homemade Carrot Salad Romaine Salad Local Strawberries Milk

Menu item substitutions based on product availability.

Cancellations & Reservations

Please call the Site Manager to **CANCEL, SUSPEND or RESUME** your meals
2 BUSINESS DAYS IN ADVANCE.

Site Locations:	Serving Time	Site Manager & Assessor	Phone Number
Atascadero and Templeton	11:30	Liz	466-2317
Cambria	11:45	Jesse/Kat	927-1268
Los Osos	11:30	Rachel	528-6923
Morro Bay/Cayucos	11:30	Marilee/Kat	772-4422
Nipomo	12:00	Sandy	929-1066
Arroyo Grande, Grover Beach, Pismo Beach, Oceano	11:30	Debbie	489-5149
Paso Robles	11:30	Marlene	238-4831
Santa Margarita	11:15	Andrew	438-5854
San Luis Obispo	11:30	Janine	543-0469
SLO: Laguna Lake Area: U.C.C. Church	11:30	Les	541-1168
San Luis Obispo Main Office: 541-3312	Central Kitchen: 541-2063		